

Mattress Moving Checklist



Ask a **friend** to help you move the mattress from one location to another.



Get a **truck or van** to easily transport a mattress of any size over larger distances.



Use a **mattress bag** to keep your mattress clean and safe during your move.





Packing tape helps secure furniture, packaging, and hardware during the move.

A **utility knife** is great for cutting packing tape and opening taped boxes.

Sandwich bags keep small objects and hardware together during transport.







Get a **tool kit** with items like a screwdriver, measuring tape, hammer, and scissors.

A **ratchet strap** secures the mattress inside the vehicle while you're in motion.

Use a **dolly or hand truck** to easily slide your mattress over longer distances.

Bonus Items

- Mattress straps to create your own handles
- Elastics, bungee cords, or zip ties
- Elevator key for your apartment building
- Drop sheets to protect the floor
- □ Longer pieces of cardboard to slide the mattress along the ground
- □ Water and snacks to keep energy levels high